

Time 2 Move – the Cornwall Framework for PE & School Sport

Background

Time2Move (T2M) is the Cornwall Framework for PE and school sport and is an excellent example of the key role that County Sport Partnerships can play in developing strategy and turning strategy into action. T2M has been coordinated and driven by the Cornwall Sports Partnership together with a range of key stakeholders that includes; Head Teachers, subject specialists, Public Health, Cornwall Council, School Sport Networks, Youth Sport Trust, Cornwall Association of Primary and Secondary Head Teachers.

It focuses on the value of PE and school sport in promoting every child's right to a healthy and happy life including closing the inequalities gap, improving life chances and making a positive impact on many of the wider challenges facing schools. For those schools seeking a comprehensive school sport offer it provides a blueprint to develop excellent delivery both within and outside the school gates as well as support deployment of the primary sport premium. The framework is built around six major ambitions; 1. Curriculum Delivery, 2. Physical Activity, Health & Wellbeing, 3. Diverse & Inclusive, 4. Competitions, 5. Leadership Coaching & Volunteering and 6. Community Collaboration.

Impact

Strategic networking – T2M has helped to establish the CSP as an important partner in the PE and school sport landscape. It provides the direction and catalyst for key stakeholders to come together to continue to develop PE and School Sport in the county. The CSP supports two strategic groups that meet termly to identify key county priorities, support progress against the ambitions and assess impact.

Communications – T2M has provided the catalyst for the development of county-wide communications for stakeholders in PE and school sport. This includes a dedicated web-based resource hosted by the CSP that supports the T2M ambitions and includes news, resources, events and CPD calendar. www.cornwallsportspartnership.co.uk/pe-and-school-sport. In addition, the CSP produces a termly T2M e-bulletin and hosts a dedicated Twitter account and Facebook page on behalf of the sector.

Resources – The framework has stimulated the production of a range of resources to support schools in delivery. The CSP has worked closely with partners in the sector to develop a self-assessment audit tool to help schools to evaluate and plan development against the T2M ambitions. Over half of all schools completed the audit in the first year and submitted their results allowing the CSP to produce a county report on the current position on behalf of stakeholders. For primary schools this was extended to include a T2M premium planning template designed to support schools in the development of annual PSP statements based on audit results. In order to bring T2M ambitions to life and to share good practice throughout the county, the CSP has also worked closely with identified ambassador schools to develop written and video case studies based on each of the ambitions.

Learn to swim – One of the key commitments of the T2M framework is to ensure that every child can swim. As a result of the T2M framework and insight from the latest T2M audit the Get Cornwall Swimming Action Group has taken this objective as a central feature of their work going forward. This has already resulted in a pilot project with commercial leisure providers to offer reduced fees for parent-child swim sessions at a number of their facilities linked to schools.

Girls Active – In support of the T2M ambition to offer tailored opportunities for diverse groups, the Youth Sport Trust has chosen schools in Cornwall to pilot a new initiative aimed at

disengaged girls. The project will invest in ten schools to develop bespoke offers specifically designed to understand and meet the needs of these participants.

School improvement – Cornwall Council school improvement team have acknowledged the T2M framework and have shown particular interest in the potential of PE and school sport as a vehicle for addressing wider challenges that face schools. This has resulted in a pilot project to work with a number of identified schools to develop their PE and schools sport offer to support positive change in a number of other areas including behaviour, attendance and attainment.

Future Directions

Since its launch in June last year the T2M framework has been well received across a wide range of partners and has already started to positively impact on the development and delivery of PE and school sport in Cornwall. The CSP is rightly proud of its contribution towards driving this forward and will continue to work with partners to support the realisation of the six ambitions. Whilst a large number of schools have already engaged with the framework our aim is to ensure that all schools realise the value of PE and school sport and adopt the framework.

Endorsement

It gives me great pleasure to endorse the new Cornwall framework for PE and School Sport – Time 2 Move. This strategy sets out clear ambitions for engaging all children and young people that will equip them with the confidence and competence to have a sustained interest in physical activity and sport. It is vital, therefore, that this is established from a strong foundation of physical literacy that is developed through high quality physical education. Every child has a right to be physically active through quality PE and school sport which has the power to fulfil young people's potential, helping them to be healthy and happy, succeed in life and contribute to society. Time 2 Move sets the challenge to schools to develop a unique way of maximising the power of PE and sport to grow young people, schools and communities through the development of qualities such as creativity, aspiration, resilience and empathy.

With the emerging social issues facing young people around emotional wellbeing and employability the Youth Sport Trust will continue to work in partnership with Cornwall schools and partners to shine a light on the unique value of PE and school sport and ensure opportunities are provided that not only develop physical literacy as the foundation for physical activity for life, but can also develop young people who are life-skilled.

Let's continue to be inspired to change the lives of young people through using PE and school sport as a catalyst to improving wellbeing, enhancing achievement and developing leadership.

Baroness Sue Campbell CBE