

# FULL OF BEANS - LIVE

EARLY YEARS AND FOUNDATION STAGE - CASE STUDY



**WEEK 2 - TREKKING  
THROUGH THE JUNGLE  
WITH A SPECIAL  
GUEST 'CHAMP THE  
SASP MASCOTT'**

## SETTING UP LIVE LESSONS COUNTY WIDE...

*Reaching out to EYFS*

To support children across Somerset during the COVID-19 pandemic the Early Years team at SASP reached out to the EYFS communities offering them an opportunity to take part in some virtual live physical activity lessons. Being a widespread and rural county a virtual offer was an excellent opportunity to promote the importance of physical development and help the young children foster positive relationships with physical activity on a larger scale. With an average of **850** children taking part in the sessions each week SASP were able to interact with more children than we ever could face to face at one time. Childminders, Nurseries, Pre-Schools, Play groups and Foundation classes all took part in the sessions, tuning in on electronic whiteboards, TVs, tablets and other smart devices from their location.





## THE SESSIONS...

*Delivering live lessons...*

The Full of Beans sessions themselves were hosted at the SASP offices via Zoom across a 4-week period building up to the finale just before the Christmas break. EYFS settings were asked to register their interest in the sessions so we were able to provide an appropriate safeguarded platform for settings to tune into each week. Each 30-minute session followed a theme including;

- Trekking through the jungle
- Diving into the deep blue sea
- blasting off into space
- A Christmas jingle

All the session had a simple aim of increasing activity levels of children in EYFS and providing a bank of physical activity ideas to EYFS practitioners to re-use in the future.

“ Thank you so much for this. Our Children really enjoyed these sessions and we will look forward to the ones in the Spring. ”



**WEEK 4 - A CHRISTMAS JINGLE WITH A DRESS UP AS SNOWMEN**

“

Thank you so much for the last 4 weeks, our children have engaged well and really enjoyed the sessions. I have emailed the You Tube links out to parents so they can get involved too.

Thank you so much for these sessions: the children have really looked forward to them.

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To further increase the chances of these session having a larger impact they were recorded and uploaded to the SASP YouTube channel, after each week these links were shared with all of the settings taking part so that they could in turn share with their own families so children could take part at home again if they wanted to, or settings could re run the sessions at their own leisure.

For more information on the EYFS work SASP are providing across the county please visit [www.sasp.co.uk/early-years](http://www.sasp.co.uk/early-years) or contact the Early Years team on 01823 653990 or [enquiries@sasp.co.uk](mailto:enquiries@sasp.co.uk)